INTERNATIONAL CONGRESS 2017

"Forest and its Potential for Health"

Cure- and Healing Forest in the Focus

13. – 14. September Germany

> Mecklenburg-Vorpommern

> > Seeheilbad Heringsdorf

Mecklenburg Vorpommern *MV tut gut.*

DEAR CONGRESS MEMBERS,

In my function as the president of the Spas Association of the German region Mecklenburg-Vorpommern, I would like to welcome you in our beautiful country – spoilt by nature. With good reasons our spa towns, rehabilitation centres, spa centres and health orientated hotels are situated in the place between ocean, lakes and forest. There are many tales and poetry about the forest, which is for people since centuries a place to retire, for protection, a place people longing for and a spender for health. The forest is a kind of "Green Pharmacy" and that is what our spa towns want to develop on a medical orientated basis.



Yours Andreas Kuhn President Bäderverband Mecklenburg-Vorpommern e. V.

SCHEDULE – INTERNATIONAL CONGRESS 2017

"Forest and its Potential for Health"

13. – 14. September 2017 · Seeheilbad Heringsdorf, Insel Usedom (D) · MARITIM Hotel Kaiserhof "Kurhaussaal"

Tuesday, 12. September 2017

01.00 pmDeparture from airport Berlin-Schönefeld02.00 pmDeparture from meeting-point central railway

station Berlin

03.00 pm

Departure from airport Berlin-Tegel

Check-in

Wednesday, 13. September 2017

09.30 amRegistration10.00 amModeration of the congress: Dörte Graner (D)Welcome of the participants by
Andreas Kuhn, President Bäderverband M-V e.V. (D)Opening and welcome by
Dr. Till Backhaus, Minister for Agriculture and
Environment M-V (D)

Further welcoming addresses

- Lars Petersen, Mayor of the community Ostseebad Heringsdorf (D)
- Thierry Dubois, President European Spas Association (F)

 Prof. Dr. Dr. h.c. mult. Horst Klinkmann, Hon. President, Board of Trustees for Health Economy of M-V (D)

11.00 am – 01.00 pm INTRODUCTORY LECTURE:

"Throw away your smartphone – Effects on Heath by forests as an offline-place" Prof. Dr. Harald Welzer, Europa-Universität-Flensburg (D)

FURTHER LECTURES:

"Therapy in forests in Japan" Prof. Dr. Iwao Uehara, Universität Tokio (JP) "Forest and Recreation – Trends in the society" Prof. Dr. Michael Suda, Universität München, Lehrstuhl für Wald und Umweltpolitik (D)

DISCUSSION

01.00 pm - 02.00 pm Lunchbreak in the hotel 01.00 pm - 02.00 pm Press conference 02.00 pm - 02.30 pm Excursion to the forest in Heringsdorf 02.30 pm - 06.00 pm Inspection of the first cure and healing forest in Europe and "Presentation of the concept to develop the cure and healing forest" Dr. Karin Lehmann, Kaiserbäder Insel Usedom (D) Stefan Wallmann, Landschaftsarchitekten BDLA (D) 03.30 pm - 04.30 pm Coffee Break 04.30 pm - 06.00 pm "Relive the forest" 06.30 pm - 07.00 pm "Certification of the cure and healing forest"

07.00 pm 07.00 pm Dr. Till Backhaus, Minister for Agriculture and Environment M-V (D)

End of the first congress day

Get-together in the beech wood (weatherproof cloths)

Thursday, 14. September 2017

07.30 am - 09.00 am Offer for early birds Guided forest walk with breakfast (Meeting point: Parking lane)
09.00 am - 10.00 am Meeting of the "Quality in Health Prevention" e. V. (QuHeP) Guests are welcomed
10.00 am Welcome address/Statement "A novelty in Europe: The cure and healing forest project" Hanns Christoph Saur, Ministry for Economics, Employment and Health M-V (D)

10.30 am - 12.00 am **PRESENTATIONS:**

"Medical research landscape forest – What makes the forest so interesting for health?" Univ.-Doz. Dr. Arnulf Josef Hartl, Paracelsus Medizinische Privatuniversität Salzburg (A)

"The forest as a pharmacy – For which indications the forest can help?" Presentation of the Pilot Study "COPD" Prof. Dr. med. Karin Kraft, Universität Rostock, Lehrstuhl für Naturheilkunde (D)

DISCUSSION

12.00 am – 01.00 pm Lunch

01.00 pm – 02.30 pm **PANEL DISCUSSION:**

Moderatortion: Manfred Baum, Landesforstanstalt Mecklenburg-Vorpommern (D) "The use of the forest for health – Opportunities and limits" Participants in the discussion: • Prof. Dr. Andreas Trabandt (D), Reha-Klinik Usedom • Harald Menning (D), Landesforst Mecklenburg-

Vorpommern

Dr. h.c. mag. Heinz Boyer (A), IMC FH Krems
 Rolf Seelige-Steinhoff (D), Seetel Hotel GmbH

02.30 pm – 03.00 pm Coffee Break

03.00 pm – 04.30 pm **"The state of the Art in Europe"** Presentations and discussion about the development of cure and healing forests in Europe Moderatorion: Honorary Secretary General Joachim Lieber, European Spas Association (B) 04.30 pm

05.00 pm

07.00 pm

"Theses and results of the congress" Manfred Baum, Landesforstanstalt Mecklenburg-Vorpommern (D) Prof. Dr. med. Karin Kraft, Uni Rostock, Lehrstuhl für Naturheilkunde (D) DISCUSSION

End of the congress

"Romantic at the seaside" Wind-up of the congress (weatherproof cloths)

Friday, 15. September 2017

08.00 am

Transfer to the airport Berlin-Tegel, the central railway station in Berlin and the airport Berlin-Schönefeld

REGISTRATION

You are kindly asked to send the registration back until the 31.July 2017.

Sender

Last name, First mame
Further participant: Last name, First name
Further participant: Last name, First name
Company/Institution
Institution
Address
E-mail
Billing address

Signature

BÄDERVERBAND MECKLENBURG-VORPOMMERN E.V.

Konrad-Zuse-Straße 2 · 18057 Rostock · Tel. +49(0)381 80 89 93 80 · info@mv-baederverband.de www.mv-baederverband.de

EVENT International Congress 2017 "Forest and its Potential for Health"

TIME AND DESTINATION

13. – 14. September 2017
 MARITIM Hotel Kaiserhof Seebad Heringsdorf

CONGRESS FEE

The congress fee is 200,00 \in . The fee includes the congress documents, drinks during the congress breaks, lunches and the evening events. Online registration is possible under: www.mv-baederverband.de

PAYMENT CONDITION

After having received your registration, we will send a confirmation and an invoice to you. Please do your transfer only when you've got this documents.

REGISTRATION AND CANCELLATION POLICY

The registration is binding but transferable at any time. Cancellation must be done in written form and are until four weeks before the congress free of charge.



HOTEL BOOKING FORM

You are Kindly requested to do your hotel reservation under the password "Waldkongress" before 31. July 2017. Please do you reservation under:

MARITIM Hotel Kaiserhof

Strandpromenade17424 Seebad Heringsdorf/UsedomTelefon:+49 (0) 38378 / 65-0Fax:+49 (0) 38378 / 65 800Internet:www.maritim-usedom.deE-Mail:info.her@maritim.de

or:

Buchungszentrale der Kaiserbäder

Ahlbeck - Heringsdorf - BansinWaldstraße 1 · 17429 Seebad BansinTelefon:+49 (0) 38378 244-44Fax:+49 (0) 38378 244-55E-Mail:buchen@kaiserbaeder-auf-usedom.de

TRANSFER

Arrival: 12.09.2017

- O Shuttle 1.00 pm off Airport Berlin-Schönefeld
- O Shuttle 2.00 pm off central railway station Berlin
- O Shuttle 3.00 pm off Airport Berlin-Tegel

Departure: 15.09.2017, 8.00 am

- O Shuttle to he Airport Berlin-Schönefeld
- O Shuttle to the central railway station Berlin
- O Shuttle to he Airport Berlin-Tegel

Please make your travel arrangements adapted to the fixed time table of the transfer service.

(Please complete this section so that we can organize the transfer service!)

EVENTS

O 13. September 2017, 07.00 pm, Get-together in the forrest (weatherproof cloths)

 O 14. September 2017, 07.30 am,
 Offer for early birds: Guided forest walk with breakfast (Meeting point: Parking lane)

O 14. September 2017, 07.00 pm, "Romantic at the seaside" (weatherproof cloths)





EUROPÄISCHE UNION Europäischer Fonds für Regionale Entwicklung



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